



St. Matthew

ROMAN CATHOLIC CHURCH

First Sunday of Lent
March 9, 2025



Parish Purpose Statement

Our parish purpose is to use beauty and truth to inspire and develop disciples to transform the secular order by the grace of God, for His glorification and the edification of man.

OFFICE INFORMATION

Mon/Wed/Fri:
8:00 am - 12:00 pm
1:00 pm - 4:00 pm

Saturday:
8:00 am - 12:00 pm

701 Church St.
Flint, MI 48502
(810)232-0880
StMatthewFlint.org

MASS SCHEDULE

Sunday
11:00 am (OF), 1:00 pm (EF)

Mon/Tues/Wed/Fri
12:10 pm (OF)

First Saturday
9:00 am (EF)

OF: Ordinary Form
EF: Extraordinary Form

CONFESSION

Sunday: 2:30 pm
Monday: 5:00 - 6:30 pm
Saturday: 10:30 - 11:30 am

ADORATION

Monday: 12:40 - 7:00 pm

LITURGY OF THE HOURS

Monday: 6:30 pm

PARISH INFORMATION

PARISH STAFF

PASTOR:
Fr. Anthony Strouse-franthonystrouse@flintcatholic.org

DEACON:
Dcn. Mark Danaho denmarkdanaho@flintcatholic.org

OFFICE MANAGER:
Anna Audia annaaudia@flintcatholic.org

MUSIC DIRECTOR:
Joseph Dobos josephdobos@flintcatholic.org

FAITH FORMATION & PARISH LIFE:
Amanda Williams amandawilliams@flintcatholic.org

CAMPUS MINISTRY:
Justin Flemming justinflemming@flintcatholic.org

ACCOUNTANT:
Allison Gonser

CUSTODIAN:
Damien Johnson damienjohnson@flintcatholic.org

HALL RENTAL

Interested in renting Augustinian Hall, Undercroft or the gym for an event? Contact our facility manager at: rentals@flintcatholic.org

BULLETIN SUBMISSIONS

Submit items by Monday for publication in the following week's bulletin to: Amandawilliams@flintcatholic.org

SACRAMENTS

BAPTISM - Call the office to make arrangements.

FIRST COMMUNION - If you believe your child is ready to receive his or her First Communion, there is no need to wait! Call the office to get the process started.

CONFIRMATION - If you or your child are seeking the sacrament of confirmation, please contact Amanda Williams at the parish office.

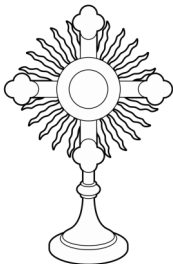
MATRIMONY - Contact Fr. Anthony at least 9 months in advance.

SACRAMENTAL PREP - We accept sacramental prep from Catholic schools as well as prep done at home. Call the office with any questions regarding your child's sacramental prep.

BECOMING CATHOLIC - If you are interested in becoming Catholic or just learning more, we look forward to helping you! Contact the parish office to setup a meeting.

ADORATION MONDAYS

Exposition of the Blessed Sacrament occurs every Monday after the 12:10 pm daily Mass. Benediction is at 7:00 pm. Everyone is welcomed and encouraged to spend time with the Blessed Sacrament whenever is possible during our time of Adoration. It is an opportune time to pray, read, and reflect on our life. If you are interested in signing up to become a regular adorer, the signup is located on our parish website. We are in special need of adorers from 3:00 to 5:00 pm.



WEEKLY CONTRIBUTIONS

Anticipated Weekly Income: \$6,100

SCAN FOR QUICK DONATION, THANK YOU!



Week of:	February 09, 2025	February 16, 2025	February 23, 2025
Actual Income	\$ 6,416.98	\$ 3,754.70	\$ 5,770.63
Over (Under)	\$ 316.98	\$ (2,345.30)	\$ (329.37)

LITURGICAL LIFE AT ST. MATTHEW

SUNDAY'S READINGS

Ordinary Form
1st Sunday of Lent

Deuteronomy 26: 4-10
Ps. 91: 1-2, 10-15
Romans 10: 8-13
Luke 4: 1-13

Extraordinary Form
1st Sunday of Lent

2 Corinthians 6: 1-10
Ps 90: 11, 12
Matthew 4: 1-11

LECTOR SCHEDULE

March 16 J P McAvoy

March 23 K Jayabalan

MUSIC MINISTRY

"...and sing the love amazing..."

"Attende, Domine" is a chant sung during the season of Lent. Commonly known as the "Lenten Prose," the text explores themes of man's sinfulness and God's mercy. "Hearken, O Lord, and have mercy, for we have sinned against Thee." The music is relatively modern; the chant was composed in the mid-1800s and appeared in hymnbooks in the 1950s.

Joseph Dobos, Director of Sacred Music.
josephdobos@flintcatholic.org



DAILY EXAMINATION OF CONSCIENCE

A daily examination of conscience is an essential Catholic practice that allows us to prayerfully reflect on our thoughts, words, and actions in light of God's will. Rooted in Scripture and the teachings of the Church, this practice helps us recognize our sins, grow in virtue, and strengthen our relationship with God. By regularly assessing how we have followed or strayed from Christ's teachings, we develop a deeper sense of humility, repentance, and gratitude for God's mercy. This self-reflection prepares our hearts for the Sacrament of Reconciliation, making us more aware of our need for forgiveness and grace. It also fosters a spirit of accountability, guiding us to make better moral choices and live more intentionally according to our Catholic faith. The Ignatian tradition, particularly through St. Ignatius of Loyola's Examen, emphasizes not only recognizing sins but also acknowledging God's presence and blessings throughout the day. Over time, this practice helps us become more attuned to the movements of the Holy Spirit, leading to a life of greater holiness, inner peace, and a closer union with God.

MASS INTENTIONS & EVENTS

† (Deceased)

∞ (Abstinence)

SUNDAY, MARCH 9

1st Sunday of Lent / St. Frances of Rome

9:30a Catechesis of the Good Shepherd
11:00a Intentions of Ryan Dent by Fr. Anthony Strouse
1:00p The People of St. Matthew Parish
2:30p Confessions

MONDAY, MARCH 10

Forty Holy Martyrs of Sebaste, Armenia (Trad.)

12:00p Angelus
12:10p Intentions of Anthony DeLisle
12:30p Adoration
5:00p Confessions
6:30p Evening Prayer
7:00p Benediction

TUESDAY, MARCH 11

12:00p Angelus
12:10p † Marya Kray by the Kray Family

WEDNESDAY, MARCH 12 - Ember Wednesday

St. Gregory the Great (Trad.)

12:00p Angelus
12:10p † Michael Sayler by Kishore Jayabalan
6:30p Greater Flint Area Men's Group (Undercroft)
6:30p Lenten Bible Study (Augustinian Hall)

THURSDAY, MARCH 13

FRIDAY, MARCH 14 - Ember Friday ∞

12:00p Angelus
12:10p † Maria Kim Phuong by the Gorial Family
12:40p Stations of the Cross
6:00p Soup Supper (Augustinian Hall)
7:00p Stations of the Cross

SATURDAY, MARCH 15 - Ember Saturday

10:30a Confessions
11:35a Rosary Walk

If your address and contact information has changed, please notify the office. Also, if you find that you are in need of offering envelopes or would like to receive the monthly issue of FAITH Magazine, or **no longer** need to receive them, kindly let us know. Thank you!

DON ANTONIO'S DISPATCH

This week includes the Ember Days of Lent. On Wednesday and Saturday we could fast, and then only have one meal (usually dinner) with meat. On Friday, in addition to abstaining from meat, we could fast. This is a great way to unite ourselves to the cross of Christ. Also, don't forget about our Soup Suppers and Stations on Fridays of Lent. We also have Stations of the Cross after the 12:10 p.m. Mass.

In these six Sundays of Lent (the five Sundays of Lent and Palm Sunday) I want to encourage us to continue to grow in our spiritual life. So I'm going to be highlighting the seven deadly sins (I'll combine two in one week) and how we can work to continue to root them out of our life.

This week I want to focus on sloth. The Latin word is *acedia*, which had the meaning of being indifferent to one's religious duties. Practically speaking, sloth can refer to a certain laziness or aversion to practicing our faith. I think one of the most common examples of this sin is when we choose to skip Mass, or choose to scroll through social media, listen to podcasts, or watch YouTube videos in place of prayer. There's nothing wrong in se (in itself) with social media, podcasts, or YouTube videos, but we need to make sure that we prioritize our relationship with God ahead of those things. My suggestion for this week is to require even a short prayer before going on Facebook, X, Instagram, podcasts, or YouTube. That way we know we're putting God first.

EXPLORING THE CATHOLIC FAITH

YOUTH GROUP

Our next meeting will be on **Monday, March 17 from 7:00 pm—8:30 pm**. We will meet in the fieldhouse.

LADIES STUDY GROUP

Anima Christi, by Mother Mary Francis, PCC. Alice von Hildebrand said about this book, "Contemplative nuns are God's holy bees, extracting rich nectar from traditional prayers which all of us pray without realizing the treasures they contain. How illuminating are her meditations on the meaning of suffering and an expression of love; how convincingly she shows that it opens one's heart to others by choking our selfishness. Anyone reading this beautiful book will pray the Anima Christi with deepened understanding and renewed fervor."

Our Tuesday evening study group meets from 6:30-8:00. The Wednesday morning group meets from 10-11:30. Both at the home of Rae Ann Houbeck 810-919-8696.

CATECHESIS OF THE GOOD SHEPHERD

Psalm 23:1-2 - *The Lord is my Shepherd, I have everything I need. In green pastures you let me graze; to safe waters you lead me;* When one is entrusted to such a shepherd, then one can want for nothing. The shepherd provides everything for his sheep; for their eating and drinking and rest. "Waters are especially rare and precious in so arid a land as Israel; for the shepherd to procure water for his sheep is something very great for Jewish listeners. (Ways to Nurture the Relationship with God by Sofia Cavalletti, p 37) In the Catechesis of the Good Shepherd Atrium, the children reflect upon the words of Psalm 23. In introducing the Psalms to the child, it builds the child's prayer vocabulary.

GREATER FLINT AREA MEN'S GROUP

The next meeting will be **Wednesday, March 12, 6:30-8:00pm** in the church basement. Come for fellowship and formation in the Catholic faith. No previous attendance or instruction is necessary.

The group will pray Vespers and study the Compendium of the Catechism of the Catholic Church, which is available as a book and for free on the Vatican website.

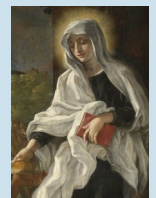
LENT BIBLE STUDY—STARTS MARCH 12

Join us this Wednesday as we prepare ourselves for the coming of Christ! Are we ready for the King? Are our hearts ready to accept the passion of our Lord so that we may share in his glorious Resurrection? The six weeks leading up to Easter mark our own 40 days in the desert with Jesus.

This study follows the Catholic Scripture Study format, but concentrates on the Sunday lectionary readings and incorporates the ancient method of *Lectio Divina* (praying the scriptures). *Lectio Divina* is a powerful way to 'hear' God speaking to us personally through scripture.

SAINT OF THE WEEK

St. Frances was born into a wealthy and noble family in Rome, she was married at a young age to Lorenzo Ponziani. Despite her initial desire to become a nun, she embraced her role as a wife and mother, dedicating herself to serving the poor and sick while managing her household with great humility and devotion. She is known for founding the Oblates of Mary, a lay religious community for women who wished to live a pious life without taking monastic vows. She endured personal hardships, including the loss of children and the turmoil of war, yet remained steadfast in her faith, offering comfort and aid to those in need. Her life exemplified a balance between worldly duties and deep spiritual commitment, making her a model of holiness for both religious and laypeople.



St. Frances, pray for us!

OUTREACH OPPORTUNITIES

NORTH END SOUP KITCHEN

St. Matthew is signed up to assist at the North End Soup Kitchen on Thursdays. Come on out and give a hand. You can drop in from 2 pm to 5:30 pm, or sign up for a day on the parish website! This is a great outreach opportunity for the entire family!

HOPE IN THE BOX

There is a Hope in the Box for Catholic Charities container in the Narthex. Specific monthly needs are listed on the box, but any personal needs items can be donated at any-time. Thank you in advance for your donations.



MEALS FOR MOMS

If you are an expectant mother of the parish and would like to participate, fill out the form available on our website and we will be in contact with you. If you are interested in getting notifications whenever we have new families that are in need of meals, please email us at stmatthewmealsformoms@gmail.com

COMMUNITY FOOD PANTRY

We are looking for volunteers to be able to help at the Community Pantry at the former St. Pius X parish center. It would be on 2nd and 4th Tuesdays from 9:00 to 10:30 am. Please contact Karen at 810-287-2490 if you are interested.

IN & AROUND OUR PARISH

ST. MATTHEW BASEBALL

If any families are interested in Christ-centered competitive baseball this spring and summer, please contact St. Matthew A.D. Joe DeLisle at joe@naturalcommunityservices.com This is open to any boys in grades 3-8 who desire a Catholic virtue-centered baseball experience, focused on fundamentals and player development.

SOUP & STATIONS OF THE CROSS

Join us for Stations of the Cross and a simple Soup Supper Fridays during Lent.

- Stations of the Cross will take place immediately after the 12:10 PM Mass.

- A Soup Supper will be served at 6:00 PM, followed by Stations of the Cross in the evening.

If you are interested in making a soup for our soup supper, please call the office or sign up on the parish website.

SEVEN SISTERS / FASTING BROTHERS

“What shall I render to the Lord for all that He has rendered unto me?”

Please join with me in a unique way to support our faith filled pastor, Fr. Anthony. Done in quiet, in solitude, it is easy and flexible. Additional opportunities for Bishop Boyea, other priests and our seminarians exist and are waiting to be filled.

For additional information call or text Donna Bussiere at (313)407-9465.

COFFEE & DONUTS

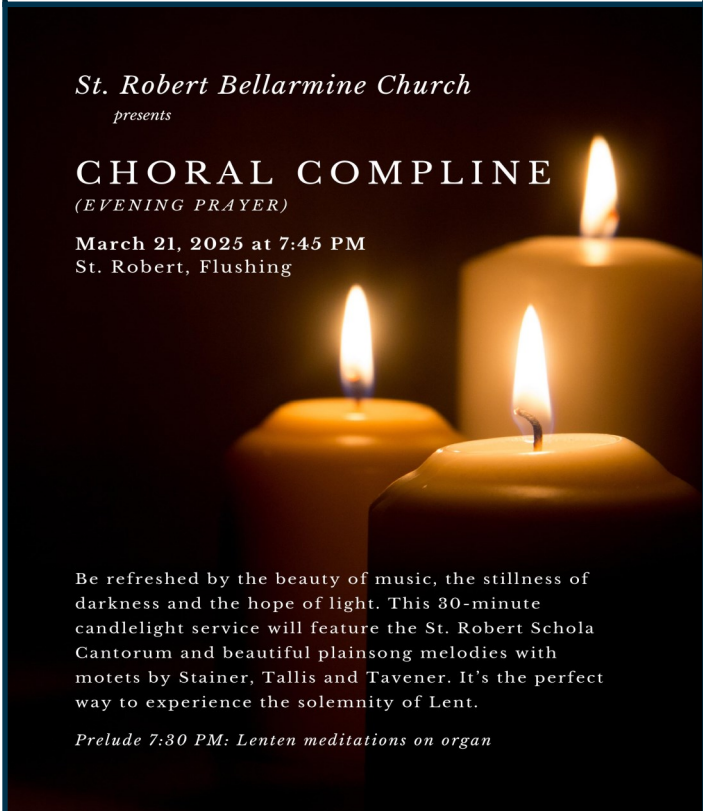
Join us in the Undercroft for refreshments and fellowship after the 11 am Mass every 1st and 3rd Sunday! **Visit the parish website to sign up to bring Donuts, signing up is a one time commitment!**

St. Robert Bellarmine Church
presents

CHORAL COMPLINE

(EVENING PRAYER)

March 21, 2025 at 7:45 PM
St. Robert, Flushing



Be refreshed by the beauty of music, the stillness of darkness and the hope of light. This 30-minute candlelight service will feature the St. Robert Schola Cantorum and beautiful plainsong melodies with motets by Stainer, Tallis and Tavener. It's the perfect way to experience the solemnity of Lent.

Prelude 7:30 PM: Lenten meditations on organ